

# Hell

They pretended not to see me,

But they were gossiping.

I was lonely,

I was suffering.

I was isolated,

They left me behind.

I was devastated,

They broke my mind.

I couldn't forget what they said,

It was like a stupid song,

That resonated in my head,

All day long.

People laughed at my face,

I kept my eyes on the floor,

I took a deep breath,

But I couldn't hold my tears anymore.

I was pushed by somebody,

And I fell,

They hit me, beat me,

I was living hell.

# **TOGETHER**

**T**oday, bullying is a serious problem in our society.

**O**thers are important. Have you ever helped someone ?

**G**one to speak with a teenager who was alone ?

**E**veryone is concerned by bullying.

**T**ogether we can find some solutions.

**H**ow would you react if your friend, your sister, your  
brother was concerned ?

**E**xremely bad, sad, helpless, enraged

**R**eally angry because bullying is not acceptable.

Thibault Revert 4ème C

# Act to be free

I felt alone, abandoned.

Nobody was there for me.

Threat, mockery, wickedness.

I was depressed and couldn't sleep but I just had  
to smile.

I was persecuted by the others because I wasn't  
popular.

They tried to exclude me, because « stronger »,  
they thought they were.

Nobody deserved that treatment, so « stop », I  
said.

Stop bullying, stop bullying.

Now I feel free and happy.

Feel free and happy.

# *Justice for everyone*

You, victim

You who does dare to speak  
And who was knocked and offended  
Dare be yourselves!

You, bully

Who knocked and offended  
Who was a coward  
Justice was afraid

You all

Know that on earth  
There is space for everyboby  
We are all equal!

Pauline Roupsard 4C

## Valérie's new school

Life was beautiful, for Valérie

She was happy

But one day, she had to change school

A disadvantaged school

Two weeks after her arrival at the new school

Valérie was bullied

The pupils told her unpleasant remarks

Even the teachers laughed at Valérie

Valérie was the least loved by the pupils

She did not eat anymore

She was sad, lost... Why she ?

Two months later, she left this school

And found another one

A better school

## Rebirth

She was a cheerful girl  
But not for long  
Her joy was stolen by bad people  
Who played with her soul  
Her parents didn't understand  
Sadness, fear, humiliation, loneliness were felt  
She fell into darkness  
Fortunately, the wind turned  
She had the courage to speak  
The bullies were stopped  
Life has regained its flavor  
The sun is shining again

Agathe Bridoux 4èmeC

« How », « Where », « When »

Often he asked me my pens  
I gave them to him  
To thank me, I was insulted by him  
The others smiled  
I became sad  
So I found « How »

After that, he asked me my candies  
I bought him some  
To thank me, I was beaten by him  
The others didn't say anything  
I became unsociable  
So I found « Where »

Then he asked me for money  
So I stole  
To thank me, I was humiliated by him  
The others left  
I became depressed  
So I found « When »

Once I knew « How, Where, When »  
I left my life  
I chose peace

Guillaume Duprey (4C)

## Margot was bullied

How to stop bullying?

Usain was a bully.

Margot was sad.

I tried to help her.

Leaving her alone and shameful was not the solution.

I told Margot to look the other way.

Alone she was.

The bullies caused suicide.

Exposed to a great danger.

Do you speak about your thoughts ?

Emilien Roulland (4C)



## *I'm bullied*

One day, I was insulted,

Little by little,

I was isolated by them,

I was lonely and sad,

Another day, I was hit,

I was humiliated, laughed at,

Are you really blind ?

Or do you pretend not to see ?

The suffering on my face ?

Every day is a new suffering,

Why reject me ?

Because I'm different ?...

Elodie Jamard (4C)

## *My friend, my enemy*

You who was my friend

You who was on my side

I loved you very much

I was hated by everyone

It is you who let me be beaten, insulted, humiliated...

You were there when I was hit by the others

It is you who betrayed me

That is why I feel so sad, so bad, so lonely

Now you have betrayed me

The words remain engraved

I can't forget

## *I left*

You disturbed me,

You humiliated me,

You judged me,

You are stupid.

So I left,

I left my nationality,

I could not hear you anymore.

I won my bet.

I left everything for you,

But I'm very happy today,

Because I don't see your face anymore !

Cais Bon (4C)

# *I can't stand it anymore*

Don't put your blame on me

I'm just a child, like you

I was thrown in the mud

I was flouted in my being

You spat on my face

I felt so bad

I was ostracized

You kept on laughing at me

I'm just a human, like you

I felt guilty for something I had not done

I was afraid, I was sad

And nobody helped me when I was down

I was hurt, I was alone

Now, take a look in a mirror

Are you proud of what you see ?

# **Stop Bullying**

***Stop moking***

***Stop provoking***

***Stop suffering***

***Stop your gossiping***

***Stop bullying***

***Bullying can cause suicide***

***Bullying can scare***

***Bullying is useless***

***It only hurts the person***

***Bullying hurts the family***

## *All the time*

Every week,  
They stole me,  
They laughed at me,  
They attacked me.

Every day,  
They insulted me,  
They hit me,  
They spat on me.

Every hour,  
I felt lonely,  
I felt segregated,  
I didn't feel very well.

Every second,  
I wanted to hide,  
I was crying,  
I was ashamed of myself.

All the time,  
I was the victim of my classmates.

Alice Lemarois (4C)

## *The bad day*

It was the worst day of my life,  
Sitting, crying,  
Everyone watching !  
I was alone...  
And he, there... happy with my sadness, my loneliness...  
I had come to this school because I thought  
I could make friends...It was impossible !  
When I was hit by the other students,  
I shouted because I was bullied !  
But still nobody for me !  
I was ostracized...  
I was not loved...  
I was beaten by my bullies, I hated it !  
They were horrible !  
I wanted to stop that,  
and I have succeeded with the help of my only friend,  
I've found an idea to put an end to this bullying !  
NOW...It's finally over !  
Never stop believing that it is possible !

Picot Alexandra 4ème C

# Hard life

Why so much evil and hatred ?

Violence is not the solution

I was sad for the victim  
because of that sudden violence

Why hurt a smaller than you ?

The victim was humiliated by the bully

And the victim had a hard life.

Mathieu Lemarois (4C)



## *Larry started a good life :*

My name is Larry,  
In 2016 I was a bully.  
My friends followed me.  
I was the strangest,  
I was the school's best.  
I impressed with my beautiful bike,  
There was no problem, I enjoyed life.  
But sometimes I thought how  
Could this change tomorrow ?  
It will be my turn,  
I want to stop it.  
But this will finish badly.

Julien Le Bellégo, 4C

# Bullying

There are bullies  
And there are victims  
They make you afraid  
They steal your money

One day, they humiliated you  
One day, you were angry  
One day, they were nasty  
One day, you were rejected

Boys came towards you  
You lost your self-confidence  
You hated yourself  
And you disappeared

Jules Bourdon 4C

## *Bullying is sad*

This boy is not so different from the other students

However he was bullied

Insulted, teased, attacked

was he born to be humiliated ?

He hasn't done anything

Do not give up, but talk about it

Do not lose hope

One day you'll regain confidence

And become stronger

Bullying is bad

Gaetan Lebreton (4c)

# Anti-bullying at school

Why are you sad ?  
Why are you alone ?  
Where are you, nice people ?  
Why did you just let them do it?  
Why do we have to fight ?  
I 'm not horrible !  
I am scared  
I'm not big  
Why did you insult me ?  
Why did you fight ?  
Why didn't you speak well ?  
I'm sorry , I WAS JUST JOKING